

R-1E -0283
05/09/02 06:30

METHODIST HEALTH SYSTEM
PAGE 001

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HAWKINS, ROBERT M 13 E13301
2334401-001 ADM: 05/03/02

PATIENT CARE RECORD
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DATA ENTERED DURING: 05/08 06:30 TO 06:30 05/09

VITAL SIGNS: T-O T-R T-AX P-R P-A R BP BP-OBSERVATION
05/08 09:00 97.0 74 16 100/52 DC
05/08 16:00 97.8 108 22 110/68 MFAK

MEDICATIONS, IV'S:

NORTRIPTYLINE CAP 10MG
05/08 08:00 #1, PO, GIV QTY:1 CANIGLIA, MARY, CANIGLIA, MARY
05/08 20:00 #2, PO, GIV QTY:2 HOSFELT, BRENDA, HOSFELT, BRENDA

PROGRESS NOTES:

05/08 11:00 NOTE--RECEIVED MESSAGE FROM PT'S FATHER RE: MISSED COUNSELING MEETING. HE REPORTED THAT HE DID NOT RECEIVE CONFIRMATION AND THAT HIS WIFE AND THEIR DAUGHTER WERE LATE OUT VISITING COLLEGES. HE SAID HE WOULD TRY TO CALL THIS EVENING AT 5:30 TO RE-SCHEDULE THE SESSION. AMAS

05/08 12:40 SOCIAL SERVICE JB
DISCHARGE PLANNING: SW ATTEMPTED TO PHONE PARENTS TO ASSESS THEIR INTENTIONS RE: RESCHEDULING FAMILY MEETING AND POSSIBLE PLACEMENT ISSUES; SW LEFT MESSAGE AND IS WAITING FOR RETURN CALL. JB

05/08 13:00 NOTE--COGNITIVE BEHAVIORAL GROUP THERAPY 1300-1400. PT ATTENDED GROUP FOCUSING ON EXPLORING RELATIONSHIP ISSUES IN THE FAMILY AND ON TAKING RESPONSIBILITY FOR ACTIONS. PT WAS VERY VERBAL TODAY AND CONTINUES TO WANT TO AVOID DEALING WITH ANY OF HIS FAMILY MEMBERS. HE STATED THAT HE WOULD RATHER NOT GO BACK HOME, AMAS
NOTE--AND JUST SHRUGGED WHEN INFORMED THAT HE MAY HAVE TO BE PLACED OUT OF STATE IF HE DOESN'T RETURN HOME. PT PUT HIMSELF IN THE ROLE OF VICTIM AND SET HIS STEP MOTHER OUT TO BE ABUSIVE AND MEAN. HE ALSO REPORTED "MY DAD SIDES WITH HER EVERYTIME". PT WENT ON TO SAY THAT HE AVOIDS HOME AS MUCH AS POSSIBLE AND THAT AMAS
NOTE--SHE JUST "HATES ME SO MUCH". PT SHOWED SOME INSIGHT WHEN HE SAID THAT HE REMEMBERED WHEN HIS BIO MOM MET THE STEP MOM AND THEY FOUGHT OUTSIDE THE HOUSE. PT SAID "I THINK MY STEP MOM THINKS I'M JUST LIKE MY MOM, THAT'S WHY SHE DOESN'T LIKE ME". PT DISPLAYED A LOT OF HOPELESSNESS ABOUT THE HOME SITUATION AND AMAS
NOTE--FOR THE FIRST TIME SAID "I USED TO CRY ALL THE TIME, BUT NOW I CAN'T EVEN CRY ANYMORE, I

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DON'T EVEN FEEL ANYTHING". PEERS ENCOURAGED HIM TO TALK TO HIS STEP MOM ABOUT HIS FEELINGS AND HE AGREED TO GIVE IT A TRY DURING THE FAMILY MEETING WHICH IS AS YET TO BE RE-SCHEDULED.

RECEIVED

AMAS

05/08 14:45 NOTE--ED THERAPY. ROBERT WAS WORKING ON HIS SCHOOL ASSIGNMENTS.

MM

05/08 15:00 NOTE--0700-1500 INTERVENTION OVERVIEW. PT WAS MAINTAINED ON URGENT PRECAUTIONS FOR SUICIDE, SELF HARM, AGGRESSION AND ESCAPE WITH 5-15 MINUTE VISUAL CHECKS. PT DID NOT EXHIBIT ANY S/S OF THE SAME THIS SHIFT. STAFF ENCOURAGED PT TO DISCUSS FEELINGS OF SI, SH, DEP, AGG, AND HOPELESSNESS OPENLY WITH STAFF. PT WAS

MK

NOTE--ABLE TO VERBALLY CONTRACT FOR SAFETY WITH STAFF. PT EXPRESSED FEELING HAPPY THIS SHIFT B/C "I'M DOING GOOD." PT DENIED FEELINGS OF WANTING TO HURT SELF OR OTHERS. STAFF ENCOURAGED PT TO UTILIZE SAFE ANGER OPTIONS AND APPROPRIATE COPING SKILLS. PT WAS ABLE TO IDENTIFY AND DEMONSTRATE DEEP BREATHING, THROWING

MK

NOTE--AWAY ANGER AND CLINCHING FISTS TIGHTLY AND SLOWLY RELEASING. PT WAS COMPLIANT AND COOPERATIVE THIS SHIFT. PT WORKED ON PRACTICING SELF CALMING TECHNIQUES. PT WAS ABLE TO COMPLETE ALL ABOUT ME AND STARTED WORKING ON FOLLOWING DIRECTIONS POSTER. PT WAS ABLE TO ATTEND ALL SCHEDULED GROUPS AND ACTIVITIES.

MK

NOTE--ENTRY TITLE, AGGRESSION. 2:00-2:45 TR. PT WAS AN ACTIVE PARTICIPANT IN LIFE MANAGEMENT GROUP OF BAKING. PT MET GOAL AEB LEARNING A COPING SKILL FOR HIS ANGER. PT WAS INTERACTING AND TALKING WITH PEERS AND STAFF DURING GROUP. PT SEEMED UPBEAT AND ENTERGETIC AND VERY WILLING TO HELP BAKE. PT THEN PLAYED A

SSAW

NOTE--GAME WITH A PEER WHILE THE COOKIES WERE BAKING.

SSAW

05/08 16:00 NOTE--INTERVENTION OVERVIEW 0700-1600. PT MAINTAINED ON URGENT PRECAUTIONS FOR HI WITH NO INCIDENCES THIS SHIFT. PT MAINTAINED ON 15 MINUTE ROUNDS AS PER UNIT PROTOCOL. PT CONTRACTED FOR SAFETY AND DENIED ALL SCALES. PT ATTENDED AM MEETING FROM 0900-0915, ED THERAPY FROM 0915-1130, SPIRITUALITY GROUP FROM

SN

NOTE--1130-1215, GROUP THERAPY FROM 1300-1400 AND AT FROM 1400-1500. PT AFFECT WAS BLAND. PT

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INTERACTED WELL WITH PEERS. PT REQUIRED LITTLE TO NO REDIRECTION THIS SHIFT. DURING 1:1 PT STATED THAT HE IS SCARED TO TALK TO HIS PARENTS "BECAUSE THEY'LL YELL AT ME AND STUFF." PT STATED THAT THAT IS WHAT HAPPENS SN
NOTE--ALL THE TIME AT HOME. PT SAID THAT HE IS WILLING TO TALK TO THEM IF THEY COME VISIT. PT DENIED WANTING TO HURT HIS FATHER OR STEP-MOTHER. PT REPORTED THAT AT NIGHT "I KEEP LOOKING BACK BECAUSE I THINK THERE'S SOME GUY COMING AFTER ME." PT STATED THAT THIS HAPPENS MOST NIGHTS AFTER HE HAS GONE TO BED. SN

05/08 18:00 NOTE--PT AND FAMILY EDUC CLASS 1800-1840. PT PRESENTED W/EDUC MATERIAL ON SUPPORTIVE PEOPLE, PLACES AND THINGS THAT CAN AID HIS TREATMENT AND RECOVERY. PARTICIPATION WAS ACTIVE AND PT BENEFITTED BY COMING UP WITH HIS OWN LIST OF SUPPORTS. AMAS

05/08 23:20 NOTE--15:00-23:00 INTERVENTION OVERVIEW PT IS ON STANDARD PRECAUTIONS AND IS MONITORED VISUALLY ON 15 MINUTE ROUNDS. PT ATTENDED ALL GROUPS ON THE UNIT THIS SHIFT AND WAS COOPERATIVE WITH UNIT ROUTINE (VITALS, MEDS, GROUPS) PT WAS PLEASANT AND COOPERATIVE WITH PEERS AND STAFF. PT WAS APPROPRIATE DURING DINNER MFAK
NOTE--IN CAFETERIA AND IN GYM WITH PEERS DURING A GAME. PT COMPLETED SAFETY CONTRACT, DENYING SI/SH. HE DID SAY HE FELT DEPRESSED WHEN THE PEERS WERE DISCHARGED, SAYING "I FEEL LIKE EVERYONE IS LEAVING ME HERE". PT ALSO STATED FEELINGS OF ANGER "BECAUSE I DON'T KNOW WHAT WILL HAPPEN TO ME". PT SHOWED NO AGGRESS MFAK
NOTE--ION THIS SHIFT. MFAK

PT TRANSFERRED AT 20:30 R-1E E13301 BH

DIETARY NOTES:

05/08 11:10 DIETICIAN NOTE: ATTENDED NUTRITION GROUP FROM 1015 TO 1045. WATCHED THE VIDEO "HIGH FIVE FOR A HEALTHY YOU". DISCUSSED THE IMPORTANCE OF EATING HEALTHY USING THE FOOD GUIDE PYRAMID. USED THE FOOD MODELS TO SHOW SOURCES AND CORRECT --PORTIONS OF FOOD. PT PARTICIPATED AND EXPRESSED LEARNING BY ANSWERING QUESTIONS. BCAD

** END OF SECTION **

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